

Victorine.earth

<p>Aware / Healthy Masculine</p> <p>Holds space Provides safety Witness position (clear seeing, real observation) Non-judgmental Listens deeply without being distracted Devoted to purpose Feels the depths of death and endings Decisive Humble, works with teachers Leads/guides Grounded presence</p>	<p>Aware / Healthy Feminine</p> <p>Brings warmth Surrenders, opens, trusts Cultivates compassion Wisdom Feels the depths of birth/beginnings Flows with energy Playful Vulnerable Magnetic and sensual Intuitive Raises energy to heart, throat, third eye and up</p>
<p>Unaware / Unhealthy Masculine</p> <p>Controls Reactive Narcissism Blames and shames Cold No connection to emotional body Stuck in mind No integrity Elusive, runs away No discipline Competitive</p>	<p>Unaware / Unhealthy Feminine</p> <p>Victim role Needy Manipulative No boundaries Creates chaos Fear of abandonment/survival/rejection Obsessive Inauthentic Co-dependent Desperate for love Sacrifices the self, prioritizes others</p>

<p>Shiva</p> <p>Masculine Un-manifest Formless Consciousness Changeless Truth</p>	<p>Shakti</p> <p>Feminine Manifest Form Energy Change Illusion</p>
<p>Yang</p> <p>Fire/Air Solar Light Dry/Warm Penetrative Focused Logical Active External</p>	<p>Yin</p> <p>Earth/Water Lunar Dark Moist/Cool Permeable Diffuse Intuitive Receptive Internal</p>